**Information about the Sunday services**

**Today**

**8.00am Holy Eucharist**

**10.00am Parish** **Eucharist**

**Opening Hymn** New every morning - **6**

**Gradual** Bread of heaven **- 284**

**Offertory Hymn** O thou who at thy - **318 Communion Hymn** Jesu, thou joy - **486**

My God and is thy table spread - **313**

**Final Hymn** Alleluia sing to Jesus - **278**

**No Evening Worship**

**Next Week**

**Sunday 12th August 2018**

**Eleventh Sunday After Trinity**

**8.00am** Holy Eucharist

**10.00am** Parish Eucharist

**3.00pm** Concert in Church

**No** Evening Worship

Visit our website at:

[**www.abingtonchurch.org.uk**](http://www.abingtonchurch.org.uk/)

***ALLERGY ADVICE:***

Please be aware that communion wafers contain Gluten, and the Sacramental Wine contains Sulphur Dioxides & Sulphites (all wines do)

Please send notices for future bulletins to [victorialouiseaustin@hotmail.com](mailto:victorialouiseaustin@hotmail.com) or to my home address, 87 Cedar Way, Wellingborough, Northants. NN8 4SH by **WEDNESDAY** evening.

Thank you.

**CCL 528464**

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**Welcome to Abington Church**



**THE TENTH**

**SUNDAY AFTER**

**TRINITY**

**5th August 2018**

**Today**

**8.00am** Holy Eucharist

**10.00am** Parish Eucharist

**No** Evening Worship

The flowers in church this week have been given by Paul and Alison Canfield, in loving memory of Paul's mother, Jean, and by Gordon Stringer in loving memory of his wife, Janice.

Fr Philip is at St James and St Mary’s Dallington this morning.

**This Week**

**Monday 6th August *THE TRANSFIGURATION***

**NO** Morning Prayer  ***OF OUR LORD***

**Tuesday 7th August**

**8.30am** Morning Prayer

**11.00am** Tots and Teddies Picnic in the Churchyard

**Wednesday 8th August** *St Dominic, friar, founder*

**8.30am** Morning Prayer *of the order of preachers*

**10.45am** Funeral of Terence O’Connor in Church

**Thursday 9th August**

**10.00am** Holy Eucharist

**11.15am** Interment of Madge Nicholls

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**If you are visiting us today for the first time, you are most welcome and we hope you enjoy the worship. The tower room at the back of the church is available during the services for young children and parents, if required. Primary school children are invited to join in the Sunday school activities, which takes place in church during the 10.00am service. Younger children are also welcome to join Sunday school, as long as they are accompanied by a parent. For information, there is a toilet at the back of the church.**

**Hearing Aid Users can tune in to the services on the ‘T’ position.**

**Do ask a member of the congregation if you need any help during the service.**

**If you would like make a donation to the running of the church, you are invited to put your offering in a yellow envelope, which you will find on the pews. Your donation can be gift aided if you print your name, full address including postcode, and sign the envelope and then we are able to reclaim the tax. Thank you.**

**Collect**

Let your merciful ears, O Lord, be open to the prayers of your humble servants, and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

**Post-Communion Prayer**

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour, that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. Amen.

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**WEEKLY INTERCESSIONS**

*In your prayers this week*, please pray for all Christians and for the Churches of the Anglican Communion, and for The Scottish Episcopal Church, and The Most Revd Mark Strange, Primus of the Scottish Episcopal Church and Bishop of Moray, Ross and Caithness.

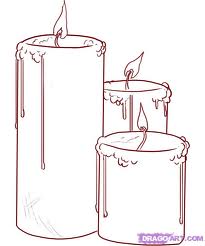
In our local community, please pray for the residents of Collingwood Road and for the

Governors, Staff, Parents and Pupils of

Northampton High School.

Please pray for those who are sick, naming especially, Joyce Davidson, Joseph Arato, John Stewart, Ruth Markie, Nikki Pearcey, John Kelly, Sarah Raven, Jim Mercer, Robert Cunningham, David Adams, Daphne Harvey, Rachel Waters and Jill Pickard.

Please also pray for the faithful departed, naming especially Patricia Lamb, Judith Horrocks, Terence O’Connor and Madge Nicholls, and for Florence Smith, Colin Davis, Barry Tapp, Samuel Jolley, Margaret Bradshaw, Janice Stringer, Mabel Brown, and all those whose Year’s Mind occurs at this time.



**Intercessions for the sick**

If you have any people you wish to be prayed for, please let Donald and Victoria know. They will be prayed for in the intercessions on Sunday for a month.

The long-term ill, chronically sick and housebound will appear in the bulletin for our private prayers and during some weekday services.

**Enquiries for Weddings and Baptisms**

Enquiries about Weddings, Baptisms, Banns etc. can be booked via the Rectory (631041) or the Parish Office (718567).

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**Gospel Reading**

**John 6: 24 - 35**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’

Then they said to him, ‘What must we do to perform the works of God?’ Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’ So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.” ’

Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which[\*](javascript:void(0);) comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’

Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

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**Forthcoming Dates***.*

**Mothers’ Union**

St Alban's Mothers' Union are holding a 'Cuppa and Slice' Afternoon on **Saturday 11th August** from 2.30pm to 4.30pm in the Jubilee Hall at St Albans' church, Broadmead Avenue. There will be games, books and a raffle. Adults £2.50 and children £1.25. Please do support this event if you can, all proceeds will go to Mothers' Union funds. Thank you.

**Sunday 12th August**

Organ and Piano Recital at 3.00pm in Church. We are looking for volunteers to do the refreshments after the concert. Please speak to Donald or Dianne if you can help. Thank you.

**Tuesday 4th September**

Greater Northampton Deanery Synod

**Mothers’ Union**

A Mothers' Union Quiet Evening has been organised for **Wednesday 5th September** starting at 6.30pm at Holy Cross church in Daventry. Revd. Liz Cowley is leading the evening which is based on Celtic Christianity. If anyone would like to attend please let Cathy know. Perhaps we can travel together?

**Ride and Stride**

*Sponsored event for The Northamptonshire Historic Churches Trust.*

Around the county on **Saturday 8th September** people of all ages will be walking or cycling to different churches to raise money for our county’s historic churches. I have sponsor forms for anyone who would like to take on this challenge. Members of this church have taken part in this event before and raised much money to help with the building work of very old churches. Thank you, Dorothy Bonsall.

**100 Years of Guiding at Abington**

2018 is the centenary year for Abington Guides! On **Sunday 9th September** in the afternoon we are organising a celebration event at church and are keen to invite anyone who was a Guide, either at Abington or elsewhere, to enjoy this special occasion. The afternoon will start at 3.00pm with a short service of thanksgiving and then we plan to have some activities, refreshments and campfire songs on the grass outside the church. The afternoon will finish about 5.00pm. If you would like an official invitation or know someone who you

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think would like to be invited, please let Cathy

Tinsley (07516979223 or [cathytinsley18@gmail.com](mailto:cathytinsley18@gmail.com)) know in the next few weeks. Thank you.

**Monday 10th September**

PCC meeting at 7.30pm in the Parish Rooms

**AHOF**

A decision has been made to close Abington House of Fun (AHOF) during the school summer holidays. It may be that we open for a couple of sessions during the day in August and information about these will be placed on the AHOF Facebook page. AHOF will open again on **Wednesday 12th September**. All secondary school young people are very welcome to come along and enjoy the games, crafts, Pool and refreshments that are provided. It is a good place to meet up with your friends. We wish all the young people and the volunteers an enjoyable rest and see you when we reopen. Cathy Tinsley, 07516979223

**Sunday 16th September**

Dr Alan Sutton’s last Sunday as a Licensed Reader at Abington.

**Sunday 23rd September**

Choral Evensong in Church at 6.00pm.

**Tuesday 25th September**

Mothers’ Union Wave of Prayer in Church at 2.30pm

**Footsteps in Faith – Date for your diary**

The next course will commence week beginning **Monday 1st October.** Once again there will be sessions on Monday afternoons, Tuesday and Wednesday evenings and Thursday mornings.

This year we will be studying the Epistle of James with the help of Tom Wright’s study guide.

More details to follow.

**Harvest**

This year, Harvest Sunday will be **on Sunday 7th October**, and we will be supporting THE GOOD LOAF café and bakery and its work with supporting and teaching new skills with women who have been in prison or with other disadvantages. More details will follow.

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**Second Reading**

**Ephesians 4: 1 - 16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ’s gift. Therefore it is said,  
‘When he ascended on high he made captivity itself a captive; he gave gifts to his people.’

(When it says, ‘He ascended’, what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people’s trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body’s growth in building itself up in love.

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**First Reading**

**Exodus 16: 2 - 4, 9 - 15**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, ‘If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.’

Then the Lord said to Moses, ‘I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, ‘Say to the whole congregation of the Israelites, “Draw near to the Lord, for he has heard your complaining.” ’ And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud.

The Lord spoke to Moses and said, ‘I have heard the complaining of the Israelites; say to them, “At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.” ’

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, ‘What is it?’ For they did not know what it was. Moses said to them, ‘It is the bread that the Lord has given you to eat.

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**General Notices**

**Pilgrim Course**

If there is enough interest I propose to run a Pilgrim group again in the autumn. It will be on either Tuesday or Wednesday evenings, depending on the majority preference of those wishing to take part, and will run fortnightly for 6 sessions, starting mid- September. The title of this course is “The Bible – what it is, how it was given to us and how we should read it”. For the course to run there will

need to be at least 6 people in the group. If you would be interested in taking part or want to know more, please let me know, either by speaking to me after a service, or by phone (460069) or email ([alison.barnes41@ntlworld.com](mailto:alison.barnes41@ntlworld.com)). Alison

**Bell Ringing**

CONGRATULATIONS to Clare Dean on successfully ringing her first quarter peal as published on The Ringing World Bellboard:

*At SS Peter & Paul Abington on Sunday 22nd July 2018 in 47 minutes 1260 Reverse Canterbury Pleasure Place Doubles*

*1  Clare Dean*

*2  Dylan Morris*

*3  Bridget Paul*

*4  Graham Paul (C)*

*5  Colin Brown*

*6  Ray Starmer*

*First quarter peal 1.  First in the method 2.*

*Rung before the service of Hymns, Pimms and Puds  by trainer, helpers and pupils of the Saturday morning Northampton Ringing School for ART Levels 2, 3 and 4.*

If anyone is interested in learning to ring church bells please contact Barbara Starmer on 01604 624160 who will be pleased to put you in touch with a local trainer.

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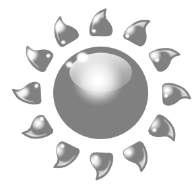
**From Alison Canfield..**

Lloyd and I would like to say a massive thank you for everyone’s kindness and support in our recent ‘Brave the shave’ fund raising event for Cancer Research UK and ‘The Little Princess Trust’. We are delighted to have raised over £500 so far and still collecting money pledged. With love Lloyd and Alison Canfield

**Rooms Rubbish Collection**

Jim Mercer has each week kindly taken away the black refuse sacks and recycling from the Parish Rooms. As he is now recovering from major heart surgery, we need someone else to take on this role. If you can help, or want further information, please contact Dianne Ward.

**Summer Recitals at Abington**



**Sunday 12th August**

Organ and Piano recital given by

Philip J Bricher and John Wilson

**Sunday 16th September**

Trio con brio

The original line-up come back concert!

*All recitals start in the church at 3.00pm*

*Admission by donation to church funds*

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**Psalm 78: 23 - 29**

So he commanded the clouds above   
and opened the doors of heaven.

He rained down upon them manna to eat   
and gave them the grain of heaven.

So mortals ate the bread of angels;   
he sent them food in plenty.

He caused the east wind to blow in the heavens and led out the south wind by his might.

He rained flesh upon them as thick as dust   
and winged fowl like the sand of the sea.

He let it fall in the midst of their camp   
and round about their tents.

So they ate and were well filled,   
for he gave them what they desired.

**USING POSSESSIONS**

My brothers and sisters, I do not presume to tell you to give up everything. Instead I am suggesting that even while retaining your possessions, you can if you wish, let go of them, by so handling temporal matters that you continue to strive with the whole of your mind after eternal aims. With such an attitude, people are able to use this world as if they had no use for it, bringing to the service of their lives only that which is necessary while never allowing materialism to dominate them.

All worldly concerns should be under control, serving a person externally, as it were, and never deflecting the concentration of the mind as it aspires to higher things. Those who act in this way have earthly things for their use but not as objects of their desires. They use whatever they need, but the sin of avarice is not in them.

So let there be nothing to hold back the desire of your mind; and do not let the delights of this world and ensnare you.

*St Gregory the Great (540 – 604) from Homily 36 ‘On the Gospels’*

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