

Information about the Sunday services

Today

8.00am Holy Eucharist

10.00am Parish Eucharist

Opening Hymn	Just as I am - 308
Anthem	Lord I trust thee <i>Handel</i>
Offertory Hymn	The church's one - 585
Communion Hymn	Come to me - 408
	Like the murmur - 185
Final Hymn	The spirit lives <i>See bulletin p.9</i>

3.00pm Concert in Church:
The Camerata Singers

No Evening Worship

Sunday 16th July 2017
Fifth Sunday after Trinity

8.00am Holy Eucharist
10.00am All-age Eucharist
No Evening Worship

Visit our website at:

www.abingtonchurch.org.uk

ALLERGY ADVICE:

Please be aware that communion wafers contain Gluten, and the Sacramental Wine contains Sulphur Dioxides & Sulphites (all wines do)

Please send notices for future bulletins to victorialouiseaustin@hotmail.com or to my home address, 87 Cedar Way, Wellingborough, Northants. NN8 4SH by **WEDNESDAY** evening.

Thank you.

CCL 528464



Welcome to Abington Church

Sunday 9th July 2017

Fourth Sunday after Trinity

Collect

Almighty God, who sent your Holy Spirit, to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit, in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever: Amen.

Post Communion Prayer

Almighty God, who sent your Holy Spirit, to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit, in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever: Amen.

If you are visiting us today for the first time, you are most welcome and we hope you enjoy the worship. The tower room at the back of the church is available during the services for young children and parents, if required. Primary school children are invited to join in the Sunday school activities, which takes place in church during the 10.00am service. Younger children are also welcome to join Sunday school, as long as they are accompanied by a parent. For information, there is a toilet at the back of the church.

Hearing Aid Users can tune in to the services on the 'T' position.

Do ask a member of the congregation if you need any help during the service.

If you would like make a donation to the running of the church, you are invited to put your offering in a pink envelope, which you will find on the pews. Your donation can be gift aided if you print your name, full address including postcode, and sign the envelope and then we are able to reclaim the tax. Thank you.

Today

Concert in church at 3.00pm

"Bach to the USSR"

A musical journey with the Camerata singers, music by Bach, Borodin, Sieber and Elgar

This Week

Monday 10th July

8.30am Morning Prayer

2.30pm Interment of Ashes: John Alfred Gammage

7.30pm PCC Meeting at The Parish Rooms

Tuesday 11th July

St Benedict of Nursia

8.30am Morning Prayer *Patron of Europe*

6.30pm Croquet Evening at St Andrew's Hospital – *please sign the list at the back of church*

Wednesday 12th July

8.30am Morning Prayer

7.00pm Talk on 'The Battle of Northampton' at The Parish Rooms

Thursday 13th July

10.00am Holy Eucharist

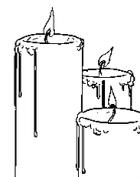
WEEKLY INTERCESSIONS

In your prayers this week, please pray for all Christians and for the Churches of the Anglican Communion, and for Okinawa in Japan, and The Rt Revd David Eisho Uehara.

In our local community, please pray for the residents of Princess Close and for the Governors, Staff, Parents and Pupils of St Matthew's School.

Please pray for those who are sick, naming especially, Linda Edwards, Hazel Gardner, Michael Wright, Maureen Smith, Joanne Tharby, John Stewart, Sarah Raven, Tricia Essery, and Emma Yeoman.

Please also pray for the faithful departed, naming especially Frank Pickard, priest, John Cutler, Alan Cousins and John Gammage, and for Margaret Young, Brian Burton and Gladys Crow whose Year's Mind occurs at this time.



Intercessions for the sick

If you have any people you wish to be prayed for, please let Donald and Victoria know. They will be prayed for in the intercessions on Sunday for a month.

The long-term ill, chronically sick and housebound will appear in the bulletin for our private prayers and during some weekday services:

Margaret Brain, John Edwards, Ruth Markie, John Kelly and Nikki Pearcey.

Gospel Reading

Matthew 11: 16 - 19, 25 - 30

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another,

"We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.

I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

I'm sorry to report that my father Rev. Frank Pickard died peacefully on Wednesday. The funeral will be at All Saints church at 11.00am on Friday 14th July followed by a buffet lunch at the Old Northamptonians, to which all are welcome. He will then be buried at Weedon Lois later in the afternoon.

Our thoughts and prayers go to Margaret, Damian and all the family at this time; and we give thanks for Fr. Frank's nearly twenty years of ministry as parish priest here.

Forthcoming Dates.

Croquet Evening

You are welcome to come along to an evening of croquet on the front lawn of St Andrew's Hospital, just off the Billing Road, on **Tuesday 11th July**, from 6.30pm to 8.30pm. The event is open to all members of the church but please note that St Andrew's Hospital does not allow visitors under the age of 18 in their grounds and therefore the minimum age for this event is 18. The evening is being organised by the Northampton Croquet Club who will provide all the equipment and one of their members will be giving guidance on how to play the game. Please note that it is essential that you wear flat soled shoes, ideally trainers, and bring a jumper if it is a cold evening! There will be 4 lawns in use and ideally the optimum number of people for the event is 16 but we could accommodate up to about 20. The cost is £5.00 per person which can be paid on the evening. Malcolm Ward has kindly invited us to cheese and nibbles at his house after the croquet. If you would like to join us for this evening of croquet then please put your name and telephone number on the list in the church porch or speak to Douglas Rutherford after the 10 o'clock service or telephone him on 01604 637826.



**ANNUAL REFLECTIONS AND
REMEMBRANCE AFTERNOON
SATURDAY 15TH JULY 2.30 – 3.30pm**

You may be recently bereaved or may have lost a loved one many years ago. You may want to remember those affected by the recent terrorist attacks or you may simply want to find some time to be still in a busy day. Everyone is welcome to an afternoon of quiet reflection, with readings, music and prayers in the church. After a short introduction, there will be time to sit and be still, light a candle, or engage with the prayer materials around the church and then at 3.00pm there will be a short service of remembrance and thanksgiving for the lives of the departed. Refreshments will be served.
For more information speak to Liz Kelly
(01604 636947)

**Second Reading
Romans 7: 15 - 25a**

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me.

For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members.

Wretched man that I am! Who will rescue me from this body of death?
Thanks be to God through Jesus Christ our Lord!

Tuesday 18th July

Funeral of Alan Cousins (59) at Kingsthorpe Cemetery Chapel at 1.00pm.

MU Meeting

Our next meeting will take place at Jeanette's home, 20 Hawthorn Road, on **Tuesday 18th July** at 2.30pm and hopefully, weather permitting, we will be in her lovely garden. We will also have a bring and buy stall at this event, to which everyone is asked to contribute something. Cake and tea will be provided and we hope everyone will enjoy the afternoon. If you have a garden chair please would you bring it along. Do join us, even if you are not a Mothers' Union member! All are welcome. Cathy.

Sunday 23rd July

Baptism of Alfie Sheppard at 12.00noon.

Sunday School

The last Sunday school session will be **Sunday 23rd July** and will start back again after the summer holiday on **Sunday 17th September**. Thank you, Anne.

First Reading

Zechariah 9: 9 - 12

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will cut off the chariot from Ephraim
and the warhorse from Jerusalem;
and the battle-bow shall be cut off,
and he shall command peace to the
nations; his dominion shall be from sea
to sea, and from the River to the ends of
the earth.

As for you also, because of the blood of
my covenant with you, I will set your
prisoners free from the waterless pit.
Return to your stronghold, O prisoners
of hope; today I declare that I will
restore to you double.



If you would like to receive the bulletin by
email each week, please speak to, or email
Victoria who will add you to the list.

An invitation to join the Mothers' Union members at St Benedict's church, West Hunsbury

For a number of years now, St Benedict's MU
have been holding an annual Summer
Lunch. This year it is on **Monday 24th July**, and
all MU members are invited to join them.
Coffee is served from 10.30am and there will
be various stalls, including cakes and the MU
literature stall. Lunch will be served about
12.00noon. Dorothy and myself plan to support
this event and therefore I am very happy to
take two more people in the car, should you
wish to join us. I need to let the Branch Leader
know how many will be attending from
Abington, so please let me know at our next
meeting. All monies raised will be donated to
MU Overseas Funds. Thank you, Cathy.

Saturday 29th July

Wedding of Christopher Kent and Katie
Robinson at 1.00pm.

Sunday 30th July

Choral Evensong in Church at 6.00pm

Annual Church Outing

This years' annual family day trip will be on
Wednesday 9th August to Stratford upon Avon.
We will be going by coach leaving Abington at
9.00am, and leaving Stratford at 4.00pm. The
cost will be £8.50 per seat (adults and children).
Stay with the group, or go off and do your own
thing - all are welcome to join us for a fun day
out! For further information, or to book seats,
please speak to Anne Quinn or Victoria Austin.

Sunday 20th August

Concert in church – *Vocal music from Angela
Mays and Tom Pearson*

General Notices

TECHIE SKILLS – is this you?

We are looking at recruiting a few people to
operate the Visual Display System in church on
an occasional basis, and enable it to rise to its
full potential! If you are interested in this
exciting project, please have a word with
Damian or Fr Philip.

MU American Evening in June

A big thank you to everyone who supported the American Evening in the Rectory Garden a few week's ago. We thoroughly enjoyed the entertainment provided by Sarah May and her singing group, the BarberElles, and the food, fellowship and fun seemed to be appreciated by all. We raised **£140** which has been sent to support the work of Mothers' Union both in this country and around the world. Thank you once again.

Change of Email

Please note that Claire and Paul Tharby's email address has now changed to tharby43@virginmedia.com

AUTUMN MUSIC AT ABINGTON

As we go away on summer holidays, here is advance notice of two musical adventures in the autumn:

Following on from the enjoyment of "Jerusalem Joy" we will be performing another Roger Jones work called "Saints Alive!" on **Sunday 15th October** at 3.00pm. "Saints Alive!" is very much along the same lines as Jerusalem Joy and celebrates the birth of the Christian church. I very much hope that those who took part in before will wish to do so again. And also that those who felt left out will come along this time. You know the drill by now – no pressure and certainly no musical experience required. There will be 5 rehearsals, on Wednesday evenings at 7.00pm starting on 13th September.

Secondly, calling all instrumentalists. Could we form a band to accompany all or some of the singing at the 10.00am service for Harvest Festival on 1st October? If so, I'm planning a rehearsal on **Monday 25th September** at 7.00pm. Please let me know if you would like to be part of this before then so I can make sure we have suitable parts for everyone to play.

Tim Dolan



Summer Recitals 2017



Sunday 9th July

"Bach to the USSR"

A musical journey with the
Camerata singers
to music by Bach, Borodin, Sieber
and Elgar

Sunday 20th August

Angela Mayes (soprano) and Tom
Pearson (tenor)
Students of Alison Roddy, locally
based international opera &
concert star

Sunday 17th September

A Musical Miscellany
Music from madrigals
to teddy bears
Presented by the Watling Singers



*All recitals start in church at
3.00pm.*

Psalm 145: 8 - 15

The Lord is loving to everyone
and his mercy is over all his creatures.

All your works praise you, O Lord,
and your faithful servants bless you.

They tell of the glory of your kingdom
and speak of your mighty power,

To make known to all peoples your
mighty acts
**and the glorious splendour of your
kingdom.**

Your kingdom is an everlasting kingdom;
**your dominion endures throughout all
ages.**

The Lord is sure in all his words
and faithful in all his deeds.

The Lord upholds all those who fall
**and lifts up all those who are bowed
down.**

The eyes of all wait upon you, O Lord,
**and you give them their food in due
season.**

Comfy Bums on Seats Campaign

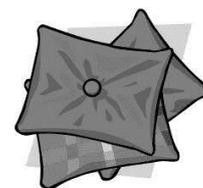
The PCC have agreed that cushioning the pews is a good idea! However, such a project is not cheap, so we need to raise in the region of £3500 to pay for the cushions.

The next event will be a double offering – a fascinating illustrated talk about the Battle of Northampton (1460) by mediaeval historian Mike Ingram, on **Wednesday 12th July** in the Church Rooms, and a guided walk around the battlefield at Delapre Abbey on **Wednesday 2nd August**. Come to either or both – tickets £6 for each evening.

In the meantime, there will be a stall in the Porch each Sunday for you to donate or buy any homemade or homegrown produce – cakes, jam, tomato plants, surplus garden produce, knitted toys... The choice is yours! Or you could 'Sponsor a Seat'! We estimate that the cost of cushioning a space for one bottom will be £15, or one pew £90 – secure your own comfy seat with a specific donation if you wish.

Please look out for more dates for your diary in the bulletins in the next few weeks – Soup Lunch, Games Evening, Coffee morning and many more.

Tickets and more information for all events will be available from Rhiannon George and Amanda Burrell.



Enquiries for Weddings and Baptisms

Enquiries about Weddings, Baptisms, Banns etc. can be booked via the Rectory (631041) or the Parish Office (718567).

A SCHOOL FOR THE LORD'S SERVICE

And so we are going to establish a school for the service of the Lord. In founding it we hope to introduce nothing harsh or burdensome. But if a certain strictness results from the dictates of equity for the amendment of vices or the preservation of charity, do not be at once dismayed and fly from the way of salvation, whose entrance cannot but be narrow (Matt. 7:14).

For as we advance in the religious life and in faith, our hearts expand and we run the way of God's commandments with unspeakable sweetness of love.

Thus, never departing from His school, but persevering in the monastery according to His teaching until death, we may by patience share in the sufferings of Christ (1 Peter 4:13) and deserve to have a share also in His kingdom.

*Last section of the Prologue to the **Rule of St Benedict**, written in the 6th century and still the founding document and guide for religious communities around the world. St Benedict, whose feast day is on Tuesday was declared by Pope John Paul II to be the patron saint of Europe. (Translated by Leonard J Doyle)*

Final Hymn

The Spirit lives to set us free,
Walk, walk in the light.
He binds us all in unity,
Walk, walk in the light.

*Walk in the light,
Walk in the light,
Walk in the light,
Walk in the light of the Lord*

Jesus promised life to all,
Walk, walk in the light.
The dead were wakened by his call,
Walk, walk in the light.

Walk in the light.....

He died in pain on Calvary,
Walk, walk in the light,
To save the lost like you and me,
Walk, walk in the light.

Walk in the light.....

We know his death was not the end,
Walk, walk in the light.
He gave his Spirit to be our friend,
Walk, walk in the light.

Walk in the light.....

By Jesus' love our wounds are healed,
Walk, walk in the light.
The Father's kindness is revealed,
Walk, walk in the light.

Walk in the light.....

The Spirit lives in you and me,
Walk, walk in the light.
His light will shine for all to see,
Walk, walk in the light.

Walk in the light.....